

MENTAL HEALTH ACT MONITORING COMMITTEE MEETING

DATE OF MEETING	Thursday 9 th March 2023, 10.00am to 12.00pm
VENUE	Microsoft Teams

PRESENT	Pippa Britton, Independent Member (Chair) Paul Deneen, Independent Member Katija Dew, Independent Member
IN ATTENDANCE	Chris O'Connor, Interim Director of Primary Care, Community and Mental Health Services Bryony Codd, Head of Corporate Governance Kavitha Pasunuru, Assistant Divisional Director, Child & Adolescent Mental Health Kathryn Waters, Interim Divisional Director, Mental Health and Learning Disabilities Sarah Cadman, Head of Quality and Improvement for Mental Health and Learning Disabilities Lucy Windsor, Corporate Services Manager – Policies and Procedures (Minutes) Rebecca Atkinson, Committee Secretariat (Minutes)
APOLOGIES	Rani Dash, Director of Corporate Governance Michelle Forkings- Divisional Nurse for Mental Health and Learning Disabilities/Associate Director of Nursing

MHAMC/0903/01	Welcome and Introductions The Chair welcomed everyone to the meeting. Pippa Britton, Independent Member (PB) reported that this was Katija Dew's (KD) last meeting. PB formally extended the committees thanks to KD for her support and commitment to the committee. KD thanked the Committee for its comments and reported how grateful she was to have had the experience.
MHAMC/0903/02	Apologies for Absence Apologies for absence were noted.
MHAMC/0903/03	Declarations of Interest There were no Declarations of Interest to record.
MHAMC/0903/04	Draft Minutes of the Meeting Held on the 8th December 2022 The minutes of the meeting of the Mental Health Act Monitoring Committee held on the 8 th December 2022 we noted as a true and accurate record.

MHAMC/0903/05	<p>Mental Health Act Committee Action Log- March 2023</p> <p>The Committee thanked the teams for the completion of actions and updates on progress. The below actions were discussed.</p> <p>MHAMC 0609/06.4 Action: Discussions to take place with other Health Boards to assess why ABUHB had higher numbers of the use of the MHA on older adults. Updated action: update at the next Committee meeting to include possible trends and a review on whether the Health Board was an outlier on the use of the MHA in older adults.</p> <p>Sarah Cadman (SC), Head of Quality and Improvement for Mental Health and Learning Disabilities assured the Committee that ABUHB were not an outlier.</p> <p>MHAMC 0812/07 Mental Health Act Compliance Report: Action: staff uptake on training relating to Duty of Candour to be included in future reports.</p> <p>This action to be carried forward to next meeting. SC reported that there had been Duty of Candour awareness sessions within the Division. Pippa Britton (PB), Independent Member (Chair) noted that there had been a lack of material issued on a national basis.</p> <p>MHAMC 0812/07 Mental Health Act Compliance Report: Action: Members requested further discussion at the Public Service Board (PSB), highlighting the use of the MHA in under 18's and the review of current collaborative wrap around services provided for children and young people to support mental health and wellbeing.</p> <p>Bryony Codd (BC), Head of Corporate Governance confirmed that the issue had been raised with the Deputy Director of Public Health and further conversations would be held with the secretariat for the PSB. Action: Head of Corporate Governance/ Assistant Divisional Director, Child & Adolescent Mental Health</p> <p>MHAMC 0812/07 Mental Health Act Compliance Report: Action: It was agreed that future reporting of the use of the MHA would be broken down by borough to identify any patterns or trends.</p> <p>After receiving the Mental Health Act Compliance Report (Agenda item 3.1) the committee were satisfied that the criteria for this action had been met and the action was closed.</p>
	<p>ITEMS FOR APPROVAL/RATIFICATION/DECISION</p>
MHAMC/0903/06	<p>There are no items for inclusion in this section.</p>
	<p>ITEMS FOR DISCUSSION</p>
MHAMC/0903/07	<p>Mental Health Act Compliance Report</p>

Sarah Cadman (SC), Head of Quality and Improvement for Mental Health and Learning Disabilities, provided an overview of the use of the Mental Health Act 1983 (MHA) in the Health Board during Quarter 3 October – December 2022/23.

The following key points were highlighted to members: -

- Section 2 Admissions were down and within normal controls.
- Q3 figures were as expected. Benchmarked data was within expected boundaries.
- Section 2 and Section 3 were lower but not significantly statistically.
- Pippa Britton (PB), Chair, reported that from March 2023 she would become the Chair of the Crisis Care Concordant.
- Learning Disabilities – there are more under Section 2 than Section 3. Good feedback had been received from a family of a patient at Ty Lafant regarding treatment. There had been no Section 5 (2)'s
- Under 18's had slightly increased by 1 person per month.
- PB commented that the narrative to explain the detentions was extremely helpful. The committee agreed.
- Section 2 use has slightly risen but the median of 121 had been met.
- Section 3 use is down, and SC apologised that a column was missing on the report. SC to send to BC to update the Committee. **ACTION: Head of Quality and Improvement for Mental Health and Learning Disabilities**
- There were no unlawful Detentions
- All Rectifiable Errors had been completed. PB congratulated SC on reducing the numbers and identifying the need for ongoing training. SC will pass this onto the Team.
- Information as to completion for Section 135 and 136 was proving difficult to obtain from the Local Authority and Police. Paul Deneen (PD), Independent Member requested that the number of applications on the data is included and to seek the information on completion from the Courts. SC to look into this. **ACTION: Head of Quality and Improvement for Mental Health and Learning Disabilities**
- Section 136 Under 18's was 1 individual who presented a number of times.
- Mental Health Act Managers Hearings had previously reduced but were beginning to increased. The current process is fragile but there are plans to improve this process once the new Hospital Managers are recruited.
- Tribunal Hearing had reduced in December. Face to Face meetings were due to start in April 2023. The preference for Tribunals was face to face but a virtual option will still be offered. Tribunal hearings are held on the MH Ward.

PD expressed concern about discrimination in the Under 65's and whether the reporting in Section 2 and Section 3 was the same as for older adults. SC assured the Committee that it was the same.

PD asked how many of the patients were repeat patients. SC reported that she was unable to inform the committee without looking at the data in depth. SC further reported that there were fewer re-admissions in ABUHB as our admission length is longer which could be a factor. ABUHB also has the Crisis Programme and Shared Lives scheme which have both worked well to prevent re-admissions.

PD reported that he had read an article regarding how the Police will be stepping back from being responsible for staying with mental health patients and asked who would be responsible for undertaking this in the Police's absence. Chris O'Connor (CO), Interim Director of Primary Care, Community and Mental Health Services reported that ABUHB had been working with Gwent Police over several years and there was an initiative in place where a Mental Health Practitioner within Gwent Police advises on the management of mental health patients. The initiative has worked well and Gwent Police have been very supportive of this. CO further reported that the 111 press 2 service was available to the community 9am – midnight 7 days a week where patients can speak to a mental health practitioner. This helped patients to gain easy access to services. CO advised that this system was a local model within Gwent. Kavitha Pasunuru (KP), Assistant Divisional Director, Child & Adolescent Mental Health reported that the Police had been supportive with Under 18's and would need to stay with them if they were under a Police Protection or Breach of Peace Order.

PD asked if there had been any news on WG provision for the under 18's. KP reported that there was a National Clinical Collaborative as it had been identified that working in a collaborative nature was essential.

PD asked if there was any evidence that cannabis and psychosis were evident in the under 18's. KP reported that drug use could be a factor, but they do not have many.

PD asked if there was any data available regarding ethnic minorities issues facing asylum seekers and refugees accessing the service. KP reported that currently no data was collected but they could look to start to capture the data. KD advised that by capturing this data it would help to show early signs of any patterns and trends emerging and any changes will be quickly identified. CO advised the Committee that part of the Health Boards overall pathway for Asylum Seekers and Refugees there is a mental health component which individuals can take up if needed. **Action: Assistant Divisional Director, Child & Adolescent Mental Health**

The Committee **RECEIVED** the report for **ASSURANCE**.

MHAMC/0903/08

Update from the Mental Health Act (MHA) Managers Group- including an update on the Recruitment of Hospital Managers (Power of Discharge Committee)

	<p>Katija Dew (KD), Independent Member and Chair of the MHA Mangers Group provided an update to the Committee.</p> <p>KD assured the Committee that the Corporate Governance Team and MH colleagues had been working to review the Hospital Managers role within the Health Board. This was a complex process and discussions with other Health Boards were ongoing.</p> <p>It was proposed to recruit new members to the team with a balance of experienced hospital managers i.e., those currently working in other Health Boards, and staff new to the sector.</p> <p>Bryony Codd (BC), Head of Corporate Governance, confirmed that a draft policy had been prepared and requested that it be circulated to members of the committee for comment and virtual approval prior to the next meeting. Members agreed to this approach and also requested that the Policy be included on the Committee's Forward Work Programme on an Annual basis for review. Action: Head of Corporate Governance</p> <p>PB asked KD what succession planning was in place for Chairing this group. KD had contacted Ann Lloyd, Chair of ABUHB who will advise on this matter. CO advised the Committee that the Health Board would appreciate input from an Independent Member to help shape and evolve this group. There was discussion regarding the Chair of the Power of Discharge Sub Committee and whether this should be an Independent Member of the Board. BC agreed to raise this with the Director of Corporate Governance. Action: Head of Corporate Governance</p>
	ITEMS FOR INFORMATION
MHAMC/0903/08	<p>Committee Work Plan 2022/23</p> <p>No items were raised.</p>
	OTHER MATTERS
MHAMC/0903/09	<p>Items to be Brought to the Attention of the Board and Other Committees</p> <p>No items were raised.</p>
	DATE OF NEXT MEETING
MHAMC/0903/10	<p>The date of the next meeting was noted as: - Monday 19th June 2023, 10:00 -12:00 via Microsoft Teams.</p>

